



THE FULLNESS OF THE KINGDOM

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13 Things that will happen in you when you start to pray the Word out loud!

What is in a name? A name is not just something we are called by; it resembles a person's identity and calling. When we use Messiah's Name, we use it in the Authority of who He is and what He has done. I write this short note because I feel it is important and has become a big issue for many believers. I prefer to use Messiah's Hebrew Names, but I have no problem to use the Name Jesus and I have no problem if other people use this Name. I came to know my King as Jesus, but the more intimate our relationship grew; I just had this desire to call Him by His Hebrew Name. Many believers use the name Yeshua and others use the name Yahusha and there are a couple more pronunciations. Use the name that you prefer but stop judging others and trying to convince others that you know better. Remember the man who wanted to use His Name to drive out demons like the apostles did? In the end, the demon talked back to the man and said, '*I know whom Yahusha is, and I know who Paul is, but who are you?*'. So even though he used the 'right Name', he failed to have authority over the demon. Why? Because he was not walking in the Identity of whom Messiah was. I use both the Names *Yeshua* and *Yahusha* – In ancient Hebrew *Yeshua* means *Salvation* and *Yahusha* mean *Yah is my Salvation*.

Introduction

If you have not yet done the study on - *The difference between the Body and the Bride*, I strongly advise that you first study it before continuing with this teaching.

Just as Eve was hidden inside of the body of Adam, in the same way the Bride is hidden in the body of Yahusha. The Bride will only be revealed when she has grown into maturity and are producing lasting fruits of the Spirit.

We read in the Scriptures about the **first Adam** and that **Yahusha** is called the **last Adam**. It is because He came to break the curse of Adam's disobedience. He came to restore us unto the Father because **sin caused separation** between Him and us.

Just as there was a first Adam and a last Adam, there was a first Eve and there will be a last Eve... the last Eve is the Bride and the Spirit is calling her back to the garden.

It is the will of our Abba that all of us end up in the Most Set-Apart place. That is why Yahusha tore the veil of the sanctuary through suffering and dying for us.

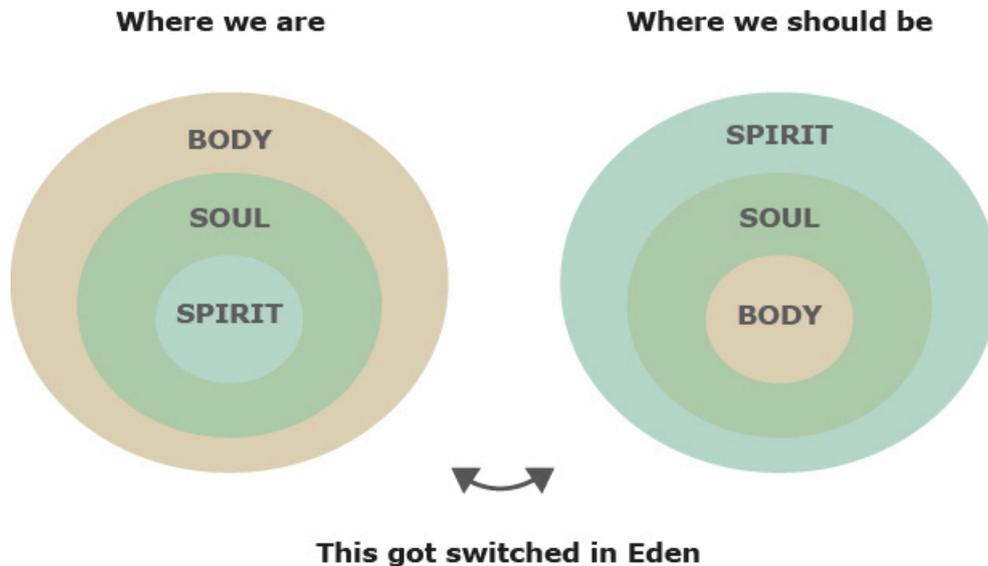
Mathew 27v50-51 *"And Yahusha cried out again with a loud voice, and gave up His spirit. And see, the veil of the Dwelling Place was torn in two from top to bottom,*



Hear, Accept, Love, No... Shima

and the earth was shaken, and the rocks were split,"

The Hebrew root word for *veil* also means **whip** and refers to the **dividing and breaking open of the flesh**. He suffered and died so that we can be restored unto the Father. *Two* in the Scriptures can refer to restoration. Our Bridegroom did not only die for us so that our sins would be forgiven but **He died for us to enable us to overcome sin and to be reformed into His image.**



When you are saved, your **spirit is changed and you receive His Spirit inside of you.**

But Then

You need salvation (deliverance) of the soul.

Philippians 2v12 *"Therefore, my dear ones, as you have always obeyed [my suggestions], so now, not only [with enthusiasm you would show] in my presence but much more because I am absent, **work out** (cultivate, carry out to the goal, and fully complete) **your own salvation with reverence** and awe and trembling (self-distrust, with serious caution, tenderness of conscience, watchfulness against temptation, timidly shrinking from what ever might offend Elohim and discredit the name of Yahusha.)"*

That is **sanctification.**



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Two ways to sanctification

There are two ways in which a believer can experience sanctification.

Sanctification is about **realizing there is sin in your life, admitting to it, repenting from it and changing your ways.**

1. **The first way** is the **hard way – through trials and tribulations.**

There are trials and tribulations sent from YHUH to **test and purify us.** This is the *suffering for righteousness, which Paul talks about while he was in jail.*

1 Peter 1v6-9 *"...in which you exult, even though for a little while, if need be, you have been grieved by manifold trials, in order that the proving of your belief – much more precious than gold that perishes, and proven by fire – might be found to result in praise and respect and esteem at the revelation of Yahusha Messiah, whom having not seen, you love; in whom you exult with unspeakable and esteemed joy, yet not seeing, but believing, obtaining the goal of your belief: a deliverance of lives."*

But a lot of tribulations we bring upon ourselves through disobedience. It is not **punishment for sin** but rather **consequences of our bad decisions.**

Ecclesiastes 12v13-14 *"Let us hear the conclusion of the entire matter: Fear Elohim and guard His commands, for this applies to all mankind! For **Elohim shall bring every work into right-ruling, including all that is hidden,** whether good or whether evil."*

Revelations 20v11-12 *"And I saw a great white throne and Him who was sitting on it, from whose face the earth and the heaven fled away, and no place was found for them. And I saw the dead, small and great, standing before the throne, and books were opened. And another book was opened, which is the Book of Life. **And the dead were judged from what was written in the books, according to their works** [their whole way of feeling and acting, their aims and endeavors.]"*

1 Peter 4v17-18 *"Because it is time for judgment to begin from the House of Elohim. And if firstly from us, what is the end of those who do not obey the Good News of Elohim? And if the righteous one is scarcely saved, where shall the wicked and the sinner appear?"*

There is a difference between **condemnation (punishment) and consequences (judgments).**

I want to share a few thoughts on this subject from *Shama*, pg 250+253.

*"I bring everything under judgment because it is part of the salvation of sin. The nature of My judgment is the part of Me that tests everything according to my love law. **My judgment is purposed to correct you and turn you back to My love law, it is not to condemn.** My*



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judgment is the anger of My jealousy when I see you do not abide in My ways that are purposed to keep you safe.'

*I heard a story about a man whose son went out driving very late one night after a party with his friends. He had an accident, totally wrecking the car and he got hurt badly. His dad was very angry with him, not because the car was wrecked but because he loved him and knew that he could have been killed. His father's anger was about the fact that he told him to not stay out to late at night but he didn't listen, he did not honor his dad because if he did, it would not have happened. Of course his son was sorry and **his father's anger wasn't kindled by hatred but it was stirred by his love for his son.** This made me think of Yeshua's words: 'My judgment is the anger of My jealousy when U see that you don't abide in My ways that are purposed to keep you safe.'*

*The man's anger toward his son's disobedience and irresponsibility after he deliberately disobeyed was because his behavior was sinful. The situation was just a mirror of the young man's lifestyle, he was rebellious and did not walk according to Abba's ways. Because of the love that God has for this man's son, He allowed His anger to come upon him because of his rebellion and sin so that he may repent and turn from his ways. His judgment through the accident was a way to save him because he would not choose to be saved by grace, and he had to face fire. The enemy wanted to steal the young man's life, the enemy wanted his son to die that night but Abba wanted to save him through the grace of giving him time to repent. **YHUH is grace but we cannot separate the character of His judgment from the character of His grace because the two work His purposes.**"*

*'I AM testing your heart according to all of My purposes, **I AM judging you according to the condition of your heart because if I do not judge you, the enemy has accusation against you.** This is the fire of My Holiness and you can feel it burning your heart, purifying you and delivering you from your sinful condition. **My fire is what prepares you to see My face.** Allow Me to test you, allow me to judge you, allow Me to save you from the reality of your condition. The light of My face is My holiness and My Holiness is like a fire that will judge and test your heart if you will allow Me."*

Please go and read on your own time:

Luke 12v1-17 and **Psalms 7.**

2. The second way:

James 1v21-22 "So get rid of all uncleanness and the rampant outgrowth of wickedness, **and in a humble** (gentle, modest) **spirit receive and welcome the Word which implanted and rooted** [in your hearts] **contains the power to save your souls.** But be **doers of the Word** [obey the message], and not merely listeners to it, betraying yourselves [into deception by reasoning contrary to the Truth.]"

This teaching was given to somebody over 1600 years ago. It is also not a new taught truth, but a truth that has been taught little.

There are **13 dimensions** that will open in your life when you start to read/pray the word out loud on a daily basis.



Hear, Accept, Love, Do... Shema

I just want to make something very clear: The foundation of your spiritual growth is being in a RELATIONSHIP WITH YHUUH. Praying Word out loud is not a **shortcut** to spiritual growth, it is merely a powerful additive to a believer's daily walk of faith. The secret is to **allow His Word to be implanted** into your heart and to change you. You can pray Word out loud until you are blue in the face, if you are not willing to open up your heart to His Spirit to change you, then it is of no profit to you.

Why out loud?

The Word says in **Romans 10v17** "*So then **belief comes by hearing, and hearing [Sh'ma] by the Word of Elohim.***"

When we read the Word and it convicts us of our sins, we repent and we change the way we think and act. **That is renewing of our minds.**

Medical research has shown that you can build new memories (renew your mind) **3 times faster** by reading something out loud as apposed to reading it in your mind. When you speak out loud, the information is re-absorbed through your eyes and ears, and it has to be re-processed through thinking. This process engraves the Word into your mind and **fortifies the Mind of Messiah in you.**

What you listen to has an effect on you whole body!

As we start working through the 13 dimensions, I want to invite those of you who are keen, to start praying the Word out loud daily. Begin with 2-3 Psalms each day.

13 Dimensions:

- 1. Dimension 1: The Word will become alive/flesh in you.** Lets read together in **John 1v1-2, 14** "*In the beginning [before all time] was the Word (Messiah), and the Word was with Elohim, and the Word was Elohim Himself. He was present originally with Elohim. **And the Word (Messiah) became flesh** (human) and tabernacled (fixed His tent of flesh, lived awhile) among us; and we actually saw His glory as an only begotten son receives from his father, full of grace (favor, loving-kindness) and truth.*"

The Word is **Yahusha the Messiah.** So when you read the Word out loud every day, what are you taking in? Yahusha! You are filling yourself with the *mind of the Messiah.* The Word will also start to manifest in you and change you from the inside out.



Hear, Accept, Love, No... Sh'ma

2. Dimension 2: The word becomes a **Sword!**

Ephesians 6v17 "And take the helmet of salvation and the **sword** that the **Spirit** wields, which **is the Word of Elohim.**"

The Greek word for **sword** that is used in the above verse also refers to **judicial punishment**. What does *judicial punishment* mean?

Let's look at the definition in the dictionary:

Judicial Punishment

"A **punishment** is the imposition of an undesirable or unpleasant outcome upon a group or individual, meted out by an authority—in contexts ranging **from child discipline** to criminal law—as **a response and deterrent to a particular action or behaviour that is deemed undesirable or unacceptable**. The reasoning may be to **condition a child to avoid self-endangerment**, to impose social conformity (in particular, in the contexts of compulsory education or military discipline), to defend norms, to **protect against future harms** (in particular, those from violent crime), and **to maintain the law**—and respect for rule of law—under which the social group is governed.^{[1][2][3][4][5]} Punishment may be self-inflicted as with self-flagellation and mortification of the flesh in the religious setting, but is most often a form of social coercion."

Hebrews 12v6 "For YHUUH **corrects and disciplines everyone whom He loves**, and He punishes, even scourges, every son whom He accepts and welcomes to His heart and cherishes."

The Word convicts us and judges us. It is the judgment that we talked about above. I want to repeat one line from the Sarah quote:

"I AM judging you according to the condition of your heart because if I do not judge you, the enemy has accusation against you."

We need to allow Him to test our hearts and judge our actions. If we do not allow the Spirit and the Word to convict us, the enemy HAS LEGAL RIGHT to hurt you in areas where you walk in disobedience.

Hebrews 4v12 "For the **Word that Elohim** speaks is alive and full of power [making it active, operative, energizing, and effective]; **it is sharper than any two-edged sword, penetrating to the dividing line of the breath of life [Soul] and [the immortal] spirit**, and of joints and marrow [of the deepest parts of nature], exposing and sifting and **analyzing and judging the very thoughts and purposes of the heart**.

When you pray or speak Word out loud and you invite the Spirit to test your heart, He will convict you. He will **expose the intents of your heart** and **He will discern your thoughts**.



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Discern means to distinguish between things that are otherwise difficult with your other senses. We need the Spirit to discern our thoughts, because we are blind to see our own faults. **It is the Spirit that uses the Sword – they work together.**

The Word as a sword will expose strongholds in your mind, formed by the enemy through bad experiences.

This includes things like fear, rejection, self-condemnation, jealousy, bitterness etc.

A **stronghold** is where **your soul has taken dominion over your spirit through damages and lies caused by the enemy!**

Behind these strongholds are spirits. This is the spiritual-realm that we are commanded to fight! Many believers deny the spiritual realm.

The fact is we've **been listening to the lies of the enemy, so you need to HEAR the Truth to set you free.**

3. Dimension 3: The Word becomes a Light!

Psalm 119v105, 130 *"Your word is a lamp to my feet And a light to my path. The entrance and unfolding of Your words give light, their unfolding gives understanding (discernment and comprehension) to the simple."*

The opposite of light is **darkness**. Darkness refers to *misery, brokenness, sickness, sorrow and all wickedness*. When we are in darkness we are blind to the obstacles that causes us to fall. But if you take the **Lamp** (Word) and let its **Light** (Spirit) reveal to you what is in the darkness you can clearly see where to walk.

If you've ever walked in complete darkness with only a lamp to light your path, you know that you cannot see very far... **you can only see where your next couple of steps should be**. If we are in dark circumstances, and we ask Abba for guidance, He will not always show us our whole journey in advance; He will only show you the next couple of steps you need to take. This builds our faith.

The **sword** reveals that the intentions of our hearts are not as pure as we've thought, and the **light** gives you understanding and enables you to discern the root of the problem.

Proverbs 6v23 *"For the commandment is a lamp, and the whole teaching [of the law] is light, and reproofs of discipline are the way of life,"*

When we pray/speak Word out loud, it brings **that which is hidden into the Light. You cannot deal with things that are concealed - it needs to be exposed.**



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Ephesians 5v13-14 *"But when anything is **exposed and reprovved by the Light**, it is **made visible and clear**; and where **everything is visible and clear there is light**. Therefore He says, *Awake, O sleeper, and arise from the dead, and Messiah shall shine (make day dawn) upon you and give you light.*"*

What it says is, if we bring His Light into our hearts, darkness will not be able to hide anymore. **The nature of Light is to expose what is in darkness, unseen.**

The more pure we become, the brighter we reflect His light and we become a light for those around us.

4. Dimension 4: The Word leads us to Repentance

First you start **taking in Yahusha**, He is the Word! The Word becomes a **sword** in the hand of the **Set-Apart Spirit** and **He exposes strongholds in you**. The Word then becomes a **Light and a Lamp** that **gives you understanding** and you are able to discern **the cause** of the stronghold in your life.

Now that you **understand your sin**, you can **confess it!**

2 Timothy 3v16 *"Every Scripture is breathed by Elohim (given by His inspiration) and profitable for instruction, for reproof **and conviction of sin**, for correction of error and **discipline in obedience**, [and] **for training in righteousness** (in set-apart living, in conformity to Elohim's will in **thought, purpose, and action**),"*

His Word reproofs and corrects us leading us to realize that there is sin in our lives and that we need to repent – this is **training in righteousness**. Remember, **righteousness** means **to be in right standing with Elohim**. **Sin** brings division between Him and us, but **true heartfelt** repentance brings us closer to Him.

It is supposed to be a continual process that brings our thoughts, purpose and actions in line with His will. **That is obedience.**

The Hebrew word for *repent/turn back* is **Shuv**. If you look at the root of this word it means to **'press towards the tent'** in other words **'return to the Tabernacle.'** The Tabernacle is where we pray; make atonement with the blood of Messiah and where we learn in His presence. To return to the Tabernacle is more than just spending time in prayer, but it is about putting all your focus on Him. It is a Sh'ma walk. True **repentance is turning** (180 degrees) **away from sin and to return to His tent of meeting - actions do speak louder than words [1John 5v2]**. It is **turning away** from sin and **turning towards** His ways. Sin and righteousness are opposites of each other.



Hear, Accept, Love, No... Sh'ma

Shuv is also translated as 'to restore, - answer, - recover and to deliver'. All of this happens when you choose to repent.

The **numerical value** of *shuv* is **4**, we know that the number 4 refers to the Messiah and to *Rule* - When you live a **repentant life** then you are truly applying [appropriating] the blood of Messiah to your life and you allow Him to Rule in you - this is **the salvation of your soul** [1Peter 1].

Prov 28v13 "He who hides his transgressions does not prosper, But he who **confesses** and **forsakes** them finds **compassion** [and mercy]."

Azav [forsake] means to **loosen oneself**. The pictures in the Ancient Hebrew tell an interesting story: It means '**To know the weapon of the family**'. If we repent, we are loosened from our sin, this is the **key to defending yourself against the enemy**. You have to **confess and forsake!** Compassion and Mercy **is undeserved favour**, but He wants us to acknowledge our sins. **True heartfelt repentance** is so important - **it precedes healing, deliverance and provision**.

Ezekiel 18v30-32 "Therefore **I judge you**, O house of Yisra'el, **every one according to his ways**," declares the Master YHUH. "**Repent**, and **turn back** from all your transgressions, and let not crookedness [iniquities] be a stumbling-block to you. "**Cast away from you all the transgressions**, by which you have transgressed, **and make for yourselves a new heart and a new spirit**. For why should you die, O house of Yisra'el? "For I have no pleasure in the death of one who dies," declares the Master YHUH. "**So turn back [shuv] and live!**"

Ask His Set-Apart Spirit to lead you to repentance and to renew your mind and actions.

5. Dimension 5: The Word becomes a **Fire**

The Word becomes a **fire** that **purges** and **purifies**.

Jeremiah 23:29a "Is not My **Word** like a **fire** [that consumes all that cannot endure the test?] says YHUH,..."

The Hebrew word for **fire** is **Ash** and if we look at the pictures in the Ancient Hebrew it shows us that *Ash* means '**the strong destroyer**.'

You have a **choice** to **go through His fire now**, or to go through it when He judges the world. We are all sinners and have **things in our life that won't be able to withstand the testing heat of His fire**. His fire will judge **the whole world** including **His children**. **2 Peter 3v7** Talks about the fire that He will judge the world with.

Sarah Jubilee wrote about **the fire that precedes His face**:



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Psalm 50:2-6 "Out of Zion, the perfection of beauty, Elohim shines forth. Our Elohim comes and does not keep silence; **a fire devours before Him**, and round about Him a mighty tempest rages. He calls to the heavens above and to the earth, that **He may judge His people**: Gather together to Me My saints [those who have found grace in my sight], those who have made a covenant with Me by sacrifice. And the heavens declare His righteousness (rightness and justice), for Elohim, He is judge. Selah."

'It is time for you to enter in, enter in, enter in... You need to **enter My tabernacle** and dwell with Me because My tabernacle is like an ark and you won't escape the **fire of judgment** that will come upon the earth if you are not inside the holy of Holies. How do you enter in? How do you enter into the Holy of Holies, how will you enter into the New Jerusalem? You will enter in through the blood of the Lamb because you overcame through My blood and because you did not love your life more and **you will enter in because you have gone through the fire. There is no other way for you to enter. Fire is light and heat, the light of My fire is My Spirit and My Word and the heat of My fire is My holiness and jealousy.** Going through My fire means that you allow My Spirit to convict you according to My love law which is My Word, then as you are convicted, your soul abides in repentance and you allow My holiness to reveal My true ways, My ancient paths, the nature of Who I Am. My jealousy is what will keep you and it will **be like a fire devouring the flesh, pride, sin, iniquity and transgression in your life** because you are chosen as My bride and it makes you an unfaithful harlot that will not live in the new Jerusalem because you are not a daughter of Zion. ...

All will go through the fire because you cannot enter without it. The **result of My fire** in your life is a holy lifestyle, a lifestyle of a person who walks with Me out of a **pure heart and holiness, humility and obedience.**'

(out of Shama by Sarah Jubilee, pg 210).

He says that **He refines us as gold and silver** – Gold and silver cannot be destroyed by fire – **fire only makes it more pure!** When He returns, *only those who have been refined in this life* will be able to withstand His fire and see His face. **Refining = salvation of your soul.** A gold smith refines the gold **until He can see His own reflection** (image).

1 Peter 1v6-9 "[You should] be exceedingly glad on this account, though now for a little while you may be distressed by **trials and suffer temptations**, so that **[the genuineness] of your faith may be tested**, [your faith] **which is infinitely more precious than** the perishable **gold** which is **tested and purified by fire.** [This proving of your faith is intended] to redound to [your] praise and glory and honor when Yahusha ha Mashiach (Jesus Christ, the Anointed One) is revealed. Without having seen Him, you love Him; though you do not [even] now see Him, you believe in Him and exult and thrill with inexpressible and glorious (triumphant, heavenly) joy. [At the same time] you **receive the result** (outcome, consummation) of your faith, **the salvation of your souls.**"



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He wants us to **enter His Tabernacle** - The Ancient Hebrew pictures of the word **Word** (as used in Jeremiah 23:29a), is **Devar** and the pictures say '*The Word is **the door that leads the family to the Head***', His *Word* is the Messiah, His *Word* is the way to enter into the Tabernacle so that we can meet Him face to face.

6. Dimension 6: The Word becomes a Hammer

Jeremiah 23v29b *"Is not My Word ..., and **like a hammer** that breaks in pieces the rock [of most stubborn resistance]?"*

Wrong mindsets, past hurts and bad attitudes hardens the heart and you struggle to forgive and this makes it difficult for you to receive healing.

So by now **strongholds** are exposed and if you persist in letting the living Word into your heart, the Word which is **like a hammer** will **breakdown the stronghold**.

The word hammer in Ancient Hebrew is **Pateesh**, and the pictures say **"The spoken Word that destroys the vessel [man/flesh]"**

The living Word destroys the strongholds of the enemy in our flesh, so that we can grow and walk in the Spirit.

Just like with Jericho, **when the walls came down, they had to face and destroy the enemy!**

A war breaks out

A war breaks out in the spiritual realm. He is always at war with us but when he realizes that he is loosing ground in your soul dimension, he will come after you stronger than before.

This is why many times it gets worse before it gets better - be it in health, finances, relationships or spiritually.

This is the point where most believers quit! I often find that I am struggling spiritually just before a breakthrough.

That is why we are told to hold fast and continue the good fight, **DO NOT GIVE UP!** I personally know believers who pray Word out loud, but it seems as if they are struggling to get victory. Why? Because they are leaving out parts of the armour! Some see this teaching as *cliché* and something that is taught in kindergarten. But it contains lots of truth and wisdom! Please meditate and pray about this Scripture, and ask Abba to show you where you are not covering yourself with His full armour.

[Ephesians 6v10-20]



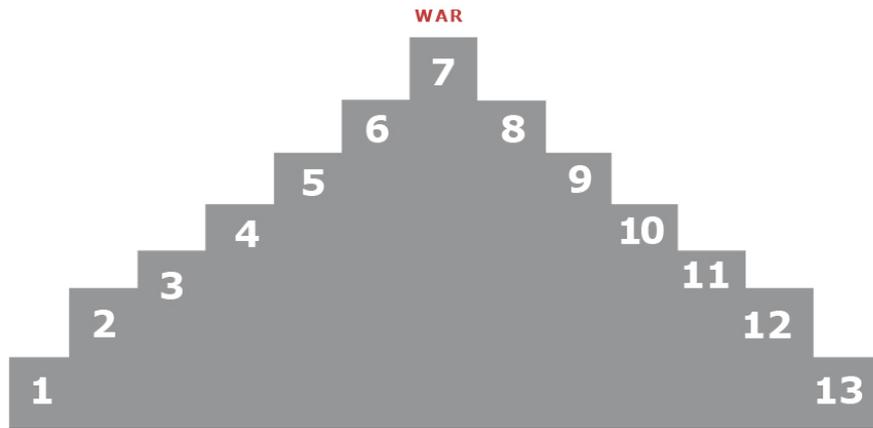
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He will come with so many lies! It is vitally important that you **keep on the full armour of Elohim:**

- **Helmet of Salvation – protecting your thoughts:** Renew your way of thinking, KNOW your identity, and know you are saved.
- **Breastplate of Righteousness – protecting your heart:** There is now no condemnation for you in the Messiah! There is a **difference between conviction and condemnation.** We repent when we are convicted of sin, we change our ways but you cannot do penitence for your own sin. It is paid for! Do not allow the enemy to scatter seeds of shame, guilt, and into your heart. Keep your heart clean by repenting daily and seek right standing with your King. Do not give a foothold to the enemy.
- **Shield of Faith:** The enemy loves to shoot arrows of doubt at us – use your shield of faith to protect the promises of YHUUH that you carry in your heart.
- **Sword of the Spirit:** We've talked about the sword of the Spirit – Continue to allow the Word of YHUUH to change you and implement it to fight off the enemy. The seed of the Word can only grow if it falls on fertile soil. You make the soil of your soul fertile by making a choice and allowing the Word to change you.
- **Belt of Truth:** Discern between truth and lies – The belt protects the kidneys, which is considered the *seat of the human emotion*. The function of the kidneys is to **purify** – Stand firm and let the Spirit control you, not your emotions. We all have human emotions, but there also exist spirits of jealousy, anger, hate, depression etc. If you experience strong emotions, you have to stand still **and discern** between the spirit (enemy) and the truth.
- **Feet prepared with the Good news:** We were sent out to share the good news with other people. Have a willingness in your heart and make your time and resources available for Elohim to use. He will not send and use you if you are not willing. We sometimes think that this type of 'work' is only for selected individuals. That is a lie! All of us are called to be messengers of the good news. Does that mean we all need to be in fulltime ministry and leave our jobs? NO! On the contrary it is the people in the world that needs the message of salvation, people at your school, people at your workplace and people that are apart of your everyday life. Self-centeredness and being stingy can also be a reason why you are not gaining victory. In the previous points you lay down your life so that Abba can do work in you, here you lay down your life for your neighbours so that Abba can work through you.



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We grow from victory to victory... do not give up – because then you will go backwards and you will have to continue in the hard way of sanctification – through trials and tribulations. War breaks out at the **pinnacle** of your walk.

Psalm 27v3 "Though an army encamps against me, **My heart does not fear**; Though battle comes up against me, Even then I would be **trusting**."

Psalm 14v1 "Blessed be YHUH my Rock, Who is teaching my hands for fighting, My fingers for battle;"

The word *battle* are also translated as *war* – in Hebrew it is *Milchamah* and the root word is the same word that means **Bread and eat**. We can only win our war and fight our battles with the **bread of life!**

The numerical value of *Milchamah* is 123 – Is it a coincidence that Psalm 123 starts with a statement that our help comes from YHUH who is in the heavens!

I think not! Fight every fight by turning to YHUH for help – He has already won the battle.

7. Dimension 7: The Word becomes the **Truth that sanctifies** you!

John 17v17 "**Sanctify them** [Purify, consecrate, separate them for Yourself, make them holy] **by the Truth; your Word is Truth.**"

Sanctify: Strongs# 6942 **Kadash** [Quph, Dalet, Shin] – To be clean, consecrate, dedicate, hallow (be or keep) set-apart, prepare, appoint, proclaim, purify or sanctify (one self), wholly.

Leviticus 20v7 "And you shall **set yourselves apart**, and shall **be set-apart**, for I am YHWH your Elohim,"



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Ephesians 1v13-14 "...in whom you also, having **heard the word of the truth** [Sh'ma], the Good News of your deliverance, in whom also, having believed, you were sealed with the Set-apart Spirit of promise, who is the pledge of our inheritance, until the redemption of the purchased possession, to the praise of His esteem."

John 8v31-32 "So Yahusha [Jesus] said to the Yahudim [Jews] who had believed in Him 'If you abide in **My Word** [continually obeying My teachings and living in accordance with them, then] you are truly My disciples. **And you will know the truth** [regarding salvation], **and the truth shall set you free** [from the penalty of sin]."

This is conviction of your sin, when you realize it, admit it and confess it – the fruit of conviction is freedom. Condemnation also focuses on your sin, but instead of freedom it shackles you in guilt and shame and leaves you at a place of despair and hopelessness.

John 1v14 "**And the Word became flesh** and pitched His tent among us, and we saw His esteem, esteem as of an only brought-forth of a father, **complete in favour and truth.**"

You have to continue to capture every thought that wants to tempt you away from the mind of Messiah. If you stay in His Word it gets easier and easier to discern the lies from the truth. The enemy will get tired of testing you... and you will start to gain victory.

James 4v7 "So submit to [the authority of] YHUH. Resist the devil [stand firm against him] and he will flee from you"

8. Dimension 8: The Word becomes your **Deliverance**

Psalm 119v170 "Let my supplication come before You; **Deliver me according to Your Word.**"

Deliverance means **recovery, rescue or preservation from loss or danger.**

Psalm 107v20 "He sent His Word and healed them, And **rescued them from their destruction.**"

When a tree of evil (it can be anger, bitterness or rejection) is uprooted in our soul, it leaves behind a void, which you have to fill with the truth of His Word. This is the battleground where we fight by standing on the Word and in the salvation of Yahusha our Messiah. This is how you **stay in Him and appropriate His blood and victory.**

Not only does this continue our sanctification process but it also protects us against the enemy. In **Matthew 12v43-45** and **Luke 11v24-26** we read that if a spirit is driven from



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a person, it will try to return, and if it finds the house empty it will bring **seven stronger spirits** and that **you will be off worse than before**. That is why it is so important to fill yourself with the Word and to ask Abba daily to fill all of you, every hole and damaged part, with His love and His Spirit.

1 Samuel 2v1-2 *"Hannah prayed and said, "My heart rejoices and triumphs in YHUH; my horn (strength) is lifted up in YHUH, my mouth is opened wide [to speak boldly] against my enemies, because **I rejoice in Your salvation** (deliverance). There is no one holy like YHUH, There is no one besides You, There is no Rock like our Elohim."*

The word **salvation** is translated in some Bibles as **deliverance**. The Hebrew word that is used here is spelled *Yod, Shin, Vav, Ayin, Hey* [H3444] and is pronounced yehshua/yahshua! Hannah is saying that Abba [YAH] is her salvation. This is a direct reference to our Messiah, Jesus/Yahusha. In Hebrew His Name is spelled with the same letters, but in a different order. It is spelled *Yod, Hey, Vav, Shin, Ayin*, which is a combination of Abba's Name **Yahuha** and the **root** [H3467] word of salvation [H3444] **YSHA** and together it means **Yah is our salvation!**

There is no salvation for us in our own works or efforts [law of the flesh] but we have to stay in His Word and be obedient through His grace and Spirit [law of the Spirit] by which we can now overcome sin. This is what Paul was talking about in Galatians and Romans.

1 Peter 1v8-9 *"Though you have not seen Him, you love Him; and though you do not even see Him now, you believe and trust in Him and you greatly rejoice and delight with inexpressible and glorious joy, **receiving as the result** [the outcome, the consummation] **of your faith, the salvation of your souls.***

Sanctification has the end result of appropriating the fullness of Yahusha's victory in **all areas of our lives**.

There are many Scriptures on deliverance and I urge you to do your own extensive study.

Hebrew 5v9-10 *"And having been perfected, He became the Causer of everlasting **deliverance** to **all those obeying** Him having been designated by Elohim a High Priest 'according to the order of Melchitsedeq."*

9. Dimension 9: The Word becomes your **Freedom and Liberty**



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The teaching of freedom and grace is one that is misunderstood and misused by many teachers and believers. **What does it mean to be liberated and what are we freed of?**

The dictionary gives the following definition for **liberated**: **set** (someone) **free** from a situation, **especially imprisonment or slavery**, in which their liberty is severely restricted.

John 8v31-37 "Yahusha was saying to the Jews who had believed Him, **"If you abide in My Word** [continually obeying My teachings and living in accordance to them] you are **truly My disciples. And you will know the truth and the truth will set you free** [from the penalty of sin]. They answered Him, "We are Abraham's descendants and have never been enslaved to anyone. What do you mean by saying, **'You will be set free'?**" Yahusha answered, "I assure you and most solemnly say to you, **everyone who practices sin habitually is a slave of sin. Now the slave does not remain in the household forever. So if the Son makes you free, you are unquestionably free. I know that you are Abraham's descendants; yet you plan to kill Me, because My word has no place** [to grow] **in you** [and it makes no change in your heart.]"

People use the *teaching of freedom* to **imply** that we are free from the instructions of Elohim. This is a false teaching.

We are set free from **the power of sin over us** because if you open your heart to His Word, you will start to walk [obey] according to the Spirit and not according to the flesh.

The unfortunate truth is that **MANY believers are still enslaved in sin** and **MANY believers only walk according to the obedience of the flesh**. Many of us, me included, still bow to sin in areas of our lives. If we keep to His Word, He will empower us by His Spirit to become FREE OF SIN in every area of our lives.

The key lies in **verse 37** – we must allow His Word to penetrate our heart and change us on the inside.

Isaiah 61v1 "The Spirit of YHUUH is upon Me, Because YHUUH has anointed and commissioned Me to bring good news to the humble and afflicted; He has sent Me to bind up [the wounds of] the brokenhearted, **To proclaim release** [from confinement and condemnation] **to the** [physical and spiritual] **captives. And freedom to prisoners...**"

Some of the main shackles that keep us bound to sin are guilt, shame, fear and pride. Ask Yahusha today to start **convicting you of sin** and to free you from the condemning lies of satan. Conviction leads to repentance and repentance opens the door to freedom, restoration and healing.

James 1v21-25 "So get rid of all uncleanness and all that remains of wickedness, and with a humble spirit **receive the Word** [of Elohim] **which is implanted** [actually rooted in your heart], which is **able to save your souls**. But prove yourselves **doers**



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of the Word [actively and continually obeying God's precepts], and not merely listeners [who hear the word but fail to internalize its meaning], **deluding yourselves** [by unsound reasoning contrary to the truth]. For if anyone only listens to the Word without obeying it, he is like a man who looks very carefully at his natural face in a mirror; for once he has looked at himself and gone away, **he immediately forgets what he looked like.** [should look like...] But he **who looks carefully into the perfect law, the law of liberty, and faithfully abides by it,** not having become a [careless] listener who forgets but an **active doer** [who obeys], he will be blessed and favored by Elohim in what he does [in his life of obedience].

It is important to realize that the goal is not merely to read the Word out loud but rather to read it out, to meditate on it and allow it to cut into your heart. If you continue in doing so, you will overcome with His Word and the Messiah can start to rule and reign in your life.

10. Dimension 10: The Word becomes **Water that cleanses and sanctifies.**

Ephesians 5v25-27 "Husbands, love your wives [seek the highest good for her and surround her with a caring, unselfish love], just as Messiah also loved the assembly and gave Himself up for her, so that He might **sanctify the assembly, having cleansed her by the washing of water with the Word** [of Elohim], so that [in turn] He might present the assembly to Himself in glorious splendor, without spot or wrinkle or any such thing; but that **she would be holy [set apart for Elohim] and blameless.**"

This verse says that He **washes us with the water with the Word.** The Hebrew word that is mostly used for wash is **Rachats** [Resh, Hhet, Tsad]. The last letter (*tsad*) of this word can mean *hide, side or stronghold.* If we look at the pictures of all three letters together, we can see that *washing with the Word* means **The Prince who divides the Stronghold!**

Washing with His Word breaks down strongholds in your life.

It is important to know that *washing* works through

1. Pointing out sin in your life
2. You have to admit your sin
3. You have to repent (turn from) your sin

Psalm 51v2-3 "Wash me thoroughly from my wickedness and guilt and cleanse me from my sin. **For I am conscious of my transgressions and I acknowledge them; My sin is always before me.**" (v4-5 in the Afrikaans)

Isaiah 1v16-17 "**Wash yourselves, make yourselves clean; Get your evil deeds out of My sight. Stop doing evil. Learn to do good. Seek justice, Rebuke the ruthless, Defend the fatherless, Plead for the [rights of the] widow [in court].**"



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Washing also means to discern our thoughts and to bring all that is evil in our hearts under the authority of our Messiah and to **replace it with His Word**.

Jeremiah 4v14 "O Jerusalem, wash your heart from wickedness, That you may be saved. How long will your wicked and immoral thoughts lodge within you."

In the first teaching we talked about the tabernacle and all the objects that were found in it. The bronze laver was used for **washing** with the water before they could go into his Sanctuary. It is symbolic of the *mikvah* (baptism) and points to our daily responsibility to cleanse ourselves with the water of the Word through repentance and appropriating His Word in us.

Word in Hebrew is *Davar* [Dal, Bet, Resh] and it means **order** – His Word brings **order in you and programs you according to His ways** – you are 'rearranged' according to who you should be in His Kingdom.

Ezekiel 36v25 "Then I will sprinkle clean water on you, and you will be clean; I will **cleanse** you from all your uncleanness and from all your idols."

Clean in Hebrew is **Taher** [Thet, Hey, Resh]. If we look at the pictures of the letters in *Taher*, it has a deeper meaning that says **the person (container) that reveals the Prince (Messiah)** - (to contain the Man).

Wow that is just amazing! If we look at all of the above, then:

When you wash with His Word, **The Prince Himself breaks down the strongholds** of the enemy in your souls. **He sets up His order** in you through reprogramming your soul through His Word. We are made free of sin **and become clean so that the Messiah is revealed through us**.

Thank you Yahusha for being the living Water that washes and cleanses us from all our sin, uncleanness, wickedness and guilt and for breaking down the strongholds of the enemy!

11. Dimension 11: The Word becomes ***Oil for healing***.

Isa 61v1-3 Commissions us to **heal** the broken hearted. In **verse 3** it says that we will receive the **oil of joy instead of mourning**.

Oil and the **Word** is associated with **healing** in the Scriptures:

Ps 107v20 "He **sent His Word** and **healed them**, And delivered them from their destructions." And **Prov 4v20-22**.



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Mark 6v13 "And they were **casting out many demons**, and they were **anointing with oil** many who were **sick**, and they were **healing them.**"

Luk 10v34 "*and went to him and bandaged up his wounds, **pouring oil** and wine on them...*"

Oil was also used to **soften wounds**:

Isa 1v6 "*From the sole of the foot even to the head there is nothing healthy in the nation's body, Only bruises, welts, and raw wounds, Not pressed out or bandaged, **Nor softened with oil [as a remedy.]***"

There are a couple of words that are translated as **oil**, but the one most commonly used is **shemen** [*shin, mem, nun*]. This specifically refers to olive oil and if we look at the pictures of this word in Ancient Hebrew it says 'The pressed liquid (oil) of life'.

Olive oil is amazing oil with so many health benefits! It can be consumed and used externally to promote wellbeing.

Just like the olive oil, the **Word**

- **Soften** wounds
- Promotes **healing**
- Wards off **infection**

When we start this process of sanctification we tend to focus just on our sins (pride, bitterness, jealousy, anger, offence and hatred)

But it is not just these sins we need to address but also the sins of our **unmet needs** (love, nurturing, affection, purpose, peace, trust, acceptance, security, joy, understanding, identity, worth, hope, affirmation, creativity, destiny, encouragement, discipline) – These are needs that Abba created us with but we go and look for fulfillment in all the wrong places. When our needs are not met, we sit with **rejection, hurt and unresolved issues.**

These are our wounds that need healing!

Ask the Spirit to reveal unmet needs and hurts in your soul, it is part of your sanctification process.

12. Dimension 12 & 13: The Word creates a **Living Stone** in you and it **Transform** you.

The area in your soul that has been cleansed, purged, washed and healed is then **transforms into a living stone.**

1 Peter 2v4-5 "*Come to Him as to a living Stone which men rejected and threw away, but which is choice and precious in the sight of YHUUH. **You** [believers], **like living stones**, are being built up into a spiritual house for a holy and dedicated priesthood, to*



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offer spiritual sacrifices [that are] acceptable and pleasing to Elohim through Yahusha the Messiah."

You become fixed in your faith, unmovable when a part of you is transformed into a living stone.

Rev 21v10-11 *"And he carried me away in the Spirit to a vast and lofty mountain, and showed me the holy (sanctified) city of Jerusalem [Bride] coming down out of heaven from Elohim, having Elohim's glory [filled with His radiant light]. The brilliance of it resembled a rare and very **precious stone** [jewel], like jasper, shining and clear as crystal."*

His Word works faith in you and takes you from **glory to glory**.

2 Cor 3v17-18 *"Now YHUH is Spirit and where the Spirit of YHUH is, there is **liberty** [emancipation from bondage, true freedom]. And we all, with unveiled face, continually seeing as in a mirror the glory of YHUH, **are progressively being transformed** into **His image** from [one degree of] **glory to** [even more] **glory**, which comes from YHUH, [who is] the Spirit."*

The Word is Yahusha and the Word becomes flesh in you.

"He loves us just as we are... But He loves us too much to leave us as we are..."



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